# Asante Academy Chinese Herbal Medicine Diploma Course

# **Brief Information**

# Introduction to the Chinese Herbal Medicine Diploma Course at Asante Academy

Principal: Prof. Dr. Song Xuan Ke, FMATCM, MBACC, FRCHM

Asante Academy of Chinese Medicine

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Chinese Herbal Medicine (CHM) has been practiced in China for over 3000 years and is now well known and widely accepted within Western society. Our main aim is to provide the students with the breadth and depth of study and clinical experience required for entry into the Chinese Herbal Medicine profession, The Association of Traditional Chinese Medicine and Acupuncture UK (ATCM).

Public demand and confidence in Chinese Herbal Medicine is high but at the same time there is a greater emphasis upon the scientific principles of investigation to understand and test out the concepts that underpin treatment. Often, the key principles of Traditional Chinese Medicine (TCM) are omitted because they are outside of scientific understanding and rationale.

The course emphasises the importance and implications of the unique 'therapeutic relationship' that is built between TCM practitioners and patient. The tensions between the philosophy and practice of conventional medicine and TCM are explored and students are able to consider and debate the wider implications of integration into mainstream healthcare.

The Association of Traditional Chinese Medicine and Acupuncture UK (ATCM). is the professional body for Chinese Herbal Medicine in the UK and the course is seeking the accreditation from The Traditional Chinese Medicine Accreditation Board (TCMAB). Therefore, successful graduates of the course will be eligible for membership of ATCM. The development of the course reflects the TCMAB Accreditation Handbook.

We encourage students to become a student member of ATCM. This ensures students are a part of the wider Chinese Herbal Medicine community from the start and can attend the annual student conference.

**ASANTE ACADEMY Clinic** is the student clinical training facility and is open to members of the public offering subsidised treatment in Chinese Herbal Medicine. There is an opportunity for

Chinese Herbal Medicine students to undertake reception, publicity and research work in the clinic.

Clinical training begins in the second month of the course. Prior to this, all students will be required to attend the clinic induction and to receive a copy of the Student Clinical Handbook which outlines procedures, rules and regulations governing clinic.

#### Resources

Asante Academy of Chinese Medicine (AACM) is located at 430 Archway Road, Highgate, London N6 4JH, the whole first floor of the building with the area of 400 m<sup>2</sup>

AACM has been providing Chinese Medicine practice and education since 2000 in London. With the 16 years' history of been the teaching clinic with Middlesex University Traditional Chinese Medicine and Acupuncture programmes, Asante Academy of Chinese Medicine has sufficiently clinical practise experiences and fertilities.

Since 1997, AACM has officially collaborated with Middlesex University in running and teaching the BSc and MSc in Traditional Chinese Medicine, including BSc Degrees in Acupuncture and Traditional Chinese Medicine, MSc Degree in Chinese Medicine and Professional Practice in Herbal Medicine, Chinese Herbal Medicine and Acupuncture. We are also running several diploma courses, such as Diploma Course in Healthcare Acupuncture, Maternity acupuncture, etc.

There are 2 teaching rooms, 3 large teaching clinic rooms and 3 small treatment rooms, with fully professional equipment which could ensure all the students can complete their clinical practice at one site. The two teaching rooms with tables, chairs, PPT monitor, whiteboard, etc,

There are sufficient books in the library with computers. All furniture, tables, chairs, showcases are typical traditional Chinese style.

The herbal medicine dispensary has sufficient herbal medicine products, such as herbs, herb powders, etc.

There is a big reception area and two waiting areas. Other facilities such as central heating, kitchen, toilets, are all available in the building.

#### **Description of Course Structure**

#### **Core modules**

Chinese Materia Medica (250 hours, 25 Credits)

Clinical Herbal Formulary (250 hours, 25 Credits)

Clinical Chinese Medicine (400 hours, 40 Credits)

Supervised Clinical Practice - Chinese Herbal Medicine 500 hours

#### Materia Medica (250 hours, 25 Credits)

This is the first module of the Chinese Herbal Medicine Diploma Course, which aims to teach the students with knowledge of the most commonly used herbs in Chinese Herbal Medicine. This will enable students to identify common Chinese medicinal herbs and to understand their properties, functions and clinical applications. This module will also provide students with knowledge of modern pharmacologic and help them to assess the active components of some key herbs.

#### Clinical Herbal Formulary (250 hours, 25 Credits)

This module provides students the knowledge and skills on understanding and articulation of etiological and pathological processes while learning the commonly formulas. You will be introduced to dispensary preparation as well. It will cover the principles of CM formulae construction from various perspectives, e.g. shang han lun and wen bing, and develop the competence, and a greater appreciation of the roles of individual formulary though critical research, in a collaborative learning environment.

#### Clinical Chinese Herbal Medicine (400 hours, 40 credits)

This module aims to provide the opportunity for students, through the study of Clinical Herbal Medicine, to develop the ability to independently assess common clinical presentations, evaluate their aetiology and pathophysiology, make a diagnosis and produce appropriate herbal treatment plans, and continue to reflect on their own personal and professional development. The knowledge and skills that students learn in this module will, along with the Supervised Clinical Practice, enable them to become competent, safe, legal and ethical practitioners in Chinese Herbal Medicine.

#### **Supervised Clinical Practice - Chinese Herbal Medicine 500 hours**

Clinical experience is a huge part of this course. You will spend a total of 500 hours on clinical practice, first as an observer, then treating patients under supervision. You will build up a portfolio of clinical work.

## **Academic Staff Teaching on the Course (Short CV)**

#### Prof. Dr. Song Xuan Ke: Principal, FMATCM, MBACC, FRCHM

Professor Ke began studying Traditional Chinese Medicine (TCM) from an early age with the masters in his home province of Hubei, Central China. He practiced as a 'barefoot doctor' before attending Guangzhou University of TCM where he obtained a degree in medicine.

After postgraduate study, he became a professor of TCM at the same university and worked as a doctor in the Guangzhou Hospital for five years.

In 1986, Professor Ke left China for Britain and began teaching TCM to western physicians, acupuncturists and herbalists here, throughout Europe and in the United States.

In recent years, Professor Ke has become involved in research programmes in London's Great Ormond Street and Royal Free Hospitals. He was instrumental in setting up the BSc (Hons) course in TCM at Middlesex University.

In his over 30 years of practice in Britain, Professor Ke has successfully treated thousands of patients and gained a reputation as a leading TCM consultant for the treatment of infertility. He is well known for his treatment of skin disorders, allergies, diabetes, gynaecological conditions and epilepsy.

Professor Ke has been profiled by several national and international television companies, including the BBC and CNN and has often appeared in the national press.

Professor Ke retains a very down-to-earth character and is happy to discuss any medical complaint with patients who may be unfamiliar with the traditions of Chinese medicine.

#### Mrs Dan Jiang, MMed Sci, MBAcC, FATCM - Vice-Principal

In 1978 Mrs. Dan Jiang completed eight years of full time training at the Beijing University of TCM and graduated with a Master degree. After a further ten years of experience as a senior doctor at the attached teaching hospital, she decided to move to the UK. Here she has been a well-known teacher and practitioner for many years.

Mrs. Jiang has published several academic and research papers and books, notably on neurological conditions and viral infectious diseases. Other areas of her special experience and skill include internal medicine and the treatment of many conditions that affect women and children. Mrs. Jiang continues to participate in teaching and research in the UK and Europe.

# Miss Gulshan Noorani BSc(Hons) Acupuncture, MSc TCM Dip, MBAcC, MRCHM, MCAUK, DipCNM

Gulshan graduated from Middlesex University with a BSc Honours degree in Traditional Chinese Medicine and a MSc in Chinese Herbal Medicine

Gulshan currently practice Chinese herbal medicine and Acupuncture at Asante and provides acupuncture treatment at the Whittington Hospital where she specialises in pain relief for diverse disorders. With an overall knowledge of various conditions, her main interest is chronic conditions, endocrine disorders, diabetes, weight loss and facial acupuncture. As a qualified nutritionist, she is able to integrate both Traditional Chinese and Western Medicine and provide valuable recommendations on lifestyle, food regimes, herbal medicine and supplements Gulshan speaks fluent English and French

#### Mr Yungin Song MSc TCM, MATCM, MWFCMS, Tai Chi Instructor

Mr Yunqin Song, Chinese Medicine Practitioner for more than 20 years, is currently employed by Asente Academy of Chinese Medicine. Got his Master and Bachelor degrees from two Chinese universities of Traditional Chinese Medicine in 2004 and in 1996, Mr Song was a licensed surgeon, acupuncturist, herbalist, and lecturer in teaching hospital of Shanxi University of TCM for 10 years. During this period Mr. Song was also a major researcher of on National Project. Mr. Song is also an officially authorised Chen style Tai Chi instructor for 20 years.

#### **Entry qualifications**

Briefly the enrolment requirement is:

Over age of 18 years;

Graduates from a UK TCM acupuncture course or equivalent.

Applicants who have no TCM education background should join and pass the TCM Foundation and TCM Diagnosis modules provided by AACM or any other institutions. Candidates whose first language is not English must provide evidence of IELTS 6.5 or equivalent;

Accreditation for Prior Learning (APL/APEL) is considered on an individual basis; Transfers from other Asante course are considered on an individual basis; Asante requires full disclosure of any past or present criminal convictions, serious illnesses, infections or conditions or a physical, mental or emotional nature.

## **Refund policy**

- The application fee is not refundable
- We only charge the tuition fee when the course starts.
- When the course starts and before the half of the course, the tuition fee could be refund 50%.
- After half of the course the tuition fee is not refundable.

### **Assessment Policy**

- Our assessments include formative and summative exams
- All examinations must be attended
- Any student failing to achieve a pass mark 40% must re-sit the exam at the next available opportunity
- If a student retakes an assessment, or sits an assessment by special arrangement, an advance fee may be payable
- Only one re-sits are permitted per exam
- Extenuating circumstance form is available at office.
- All re-sit assessments are capped at the pass mark of 40% (Module and end of semester exams)
- Students who achieve a mark of 30% or more may be allowed to continue with their studies, provided they re-take the assessment at the first available opportunity
- Students who fail two modules or more will not be allowed to continue their studies
- Students are allowing to progress of one component is failed but over 30% and the whole module mark is over 40%.
- If any component is failed less than 30%, students should re-site it, whatever the whole module pass or fail.
- There is a Final Clinical Exam as part of the assessment of Supervised Clinical Practice, which will be an objective structured clinical examination (OSCE). The OSCE will be marked by at least two markers and the external examiner may be presented.