



Asanté Academy of Chinese Medicine

伦敦爱生德中医院

4-Day Certificate Course in Maternity Acupuncture

Course Syllabus

Day 1: Traditional Chinese Medicine Theory

- TCM theory specifically relating to women, this will include the theory of both normal physiology and pathology.

Introduction to the use and application of Maternity Acupuncture

- Common points used in maternity acupuncture – point location and function.
- Safety and confidence selecting and using acupuncture points.
- Western physiology relating to pregnancy.
- Using acupuncture to complement a Western approach.
- The importance of evidence-based medicine.

Day 2: Condition specific acupuncture for complete antenatal care.

- TCM treatment and lifestyle advice.
- Discussion on Western medical approach for the following conditions: *Hyperemesis; Constipation; Pain – Including (Synthesis pubic dysfunction, Upper/Lower back pain, Hypochondrium pain, Sciatica, Carpal Tunnel syndrome); emotional disorders; breech presentation; birth preparation and post-dates treatment.*

Day 3:

- Intra-Partum acupuncture and acupressure
- Post-Partum acupuncture
- Breech Presentation – The safe and effective use of Moxibustion
- Examination

Day 4:

- Full day observation at the Day Labour Ward with the Acupuncture Maternity Service – NHS Whittington Hospital

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